

revised: 3/25/14

# Help List

by: American Red Cross  
660 Eastern Star Rd  
Kingsport, TN 37663  
(423) 378-8700

## Food:

### Daily Meals Kingsport Area:

Salvation Army	M-Sa	noon-1	505 Dale Street, KPT
Full Gospel Mission Kitchen Of Hope	M-Sa	3:30pm-5:30pm	740 E. Sevier, KPT
Friendship Diner, Woodyard Center	Sa	6:00am-7:30am	Church Circle, KPT
Friendship Diner, Woodyard Center	Su	6:00am-7:30am	Church Circle, KPT

### Pantries Kingsport Area:

Salvation Army	M-Th	9am-3pm	505 Dale Street, KPT
Central Baptist Church	Wed	12:15pm-145 pm	301 Carver Street, KPT
1st Broad St. Methodist	M & F	9am-11am	Church Circle, KPT
St. Paul's Episcopal Church	W	9:30am-11am	161 E. Ravine, KPT
First Christian Church	2nd Th	9am-11:30am	106 E. Charlemont Street, KPT
Waverly Road Presbyterian Church	F	10am-noon	1415 Waverly Road, KPT
Kpt 1st Assembly of God	T&Th	2pm-4pm	247-1169, ext 102 2213 Brandon Lane, KPT
Colonial Heights Christian Church	M	Appointment Only	239-2500 call before noon Wed
Indian Springs Community Mission Center	M	6pm-8pm	288-4341 call for assistance
Sunnyside Baptist Church, Youth Bldg (located in the bottom floor)	W	10am-1pm	406 Cooks Valley Road, KPT
Life Bridge Christian Church	2nd & 4th M	5:30pm-6:30pm	617 Daonaldson Dr, KPT

### Blountville:

First Baptist Church	M	1pm-4pm	3358 Hwy. 126, Blountville
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### Hawkins County Residents Only:

Shepherd's Corner	MWF	10am-2pm	124 E. Main Street, Rogersville
Emergency Food Services	MWF	10am-1pm	357-7228 401 Richmond Street, Church Hill

### Expectant Mothers, Infant and Toddler Needs:

Hope House	T - F	1pm-5pm	247-7994 1567 N. Eastman Road, KPT
Sullivan County Regional Health Dept.			1041 E. Sullivan Street, KPT
			279-2777 154 Blountville Bypass, Blountville

## Clothes:

### Kingsport Area:

Salvation Army	W	9am-3pm	505 Dale Street, KPT
First Presbyterian Church	T	9am-noon	100 Church Circle, KPT
NE Church of Christ Kids Closet - must bring children	1st Sa	9am-noon	2217 Beechnut Drive, KPT

### Hawkins County Residents Only:

Church Hill Clothes Closet	M-F		106 E. Main Street, Church Hill
Shepherd's Corner	M-Sa	10am-5pm	124 E. Main Street, Rogersville

## Furniture, Appliances, Household Items

### Kingsport Area:

Carpenter's Helpers	W	10am-11am	224-1531 for applications
Salvation Army	W	9am-3pm	505 Dale Street, KPT

### Thrift Stores Kingsport Area:

Salvation Army	M-Sa	9am-3pm	1409 E. Stone Drive, KPT
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### Rogersville Area:

Shepherd's Corner	M - F	10am-5pm	124 E. Main Street, Rogersville
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**Help List****Medical**

Sullivan County Regional Health Dept.		279-2777	154 Blountville Bypass, Blountville 1041 E. Sullivan St., Kingsport
Providence Free Medical Clinic	T	247-4536	for applications

**For EMPLOYED Without Insurance:**

Friends in Need	M - F	8:30am-5pm	246-0010 1105 W. Stone Drive, KPT
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**For Low/No Income:**

Crossroads Medical Mission	2nd Th	First Broad UMC	246-4471	100 E. Church Circle, KPT
	3rd Th	Celebration Church	323-3969	Blountville
Kingsport Medical Center	M - F	7:30am-6pm	246-7922	737 E. Sevier, KPT

**For Assistance With Essential Medication:**

American Red Cross	T - F		378-8700	501 S. Wilcox Drive, KPT
KCMC	M - F		378-3722	618 Watauga Street, KPT
St. Vincent DePaul Society	M-Th	9am-11am	288-8222	

**Assistance with Dental Care:**

American Red Cross		by appt only	378-8700	660 Eastern Star Rd. KPT
Friends in Need	M - F	8:30am-5pm	246-0010	102 E. Ravine, KPT

**Assistance with needs for the Elderly:**

Shepherd's Center			392-4514	leave message
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**Housing****Temporary Shelter:**

Hope Haven (Single Men)			246-6012	670 Dale Street, KPT
Hope Haven (Women's Shelter)			246-7843	
Safe House (Domestic Violence Victims)			246-2273	KPT
Salvation Army			246-6671	505 Dale Street, KPT
Interfaith Hospitality Network			246-6500	601 Holston Street, KPT

**Low Income:**

Kingsport Housing Authority			245-0135	906 E. Sevier, KPT
Section 8			378-3050	671 Dale Street, KPT
Kingsport Manor			245-6571	1920 Bowater Drive, KPT
Kingsport West			246-3812	212 Lewis Lane, KPT
Miller Village			246-9541	3840 East Line Drive, KPT
Model City Apartments			246-6401	1000 Stonegate Road, KPT
Rogersville Housing Authority			272-8540	902 Locust Street, Rogersville
Hickory Hills			357-5121	370 Silverlake Road, Church Hill
Jaycee Apartments			357-4499	110 Pridemore, Church Hill

**Elderly/Handicapped:**

Holston Terrace			392-2555	1924 Bowater Drive, KPT
Kiwanis Towers			246-4302	2701 E. Center Street, KPT
Maple Oak Apartments			245-9166	818 Oak Street, KPT

**Electric, Water, Rent**

Neighborhood Service Center			247-5149	301 Louis Street, KPT
Neighborhood Service Center (Hawkins County)			272-2830	904 E. Main Street, Rogersville
Salvation Army		by appt only	246-6671	505 Dale Street, KPT
St. Vincent DePaul Society	M & TH	8am-11am	288-8222	KPT
KCMC	M - F	9am-noon	378-3722	618 Watauga Street, KPT
R.A.D.A. (Virginia residents)			386-6441	112 Beech Street, #3, Gate City VA

**Emergency Rent, Dental & Essential Medication Assistance (No utility assistance)**

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